



LEBO SOFTBALL

FREE SOFTBALL CLINICS



SATURDAYS* NOV 10TH THRU MAR 30TH



*No Clinic Scheduled for Nov 24, Dec 1, 29, or Mar 9

LOCATION: MT. LEBANON HIGH SCHOOL NORTH GYM

7-10 YEAR OLDS
SKILL DEVELOPMENT
7:00 AM TO 8:00 AM

11-14* YEAR OLDS (*8TH GRADE)
FAST PITCH
8:00 AM TO 9:00 AM

- Clinics will focus on fundamentals & skill development for girls slow and fast pitch softball.
- Clinics run by Mt. Lebanon high school and middle school girls softball coaching staffs.
- Visiting college and professional hitting and fast pitch coaches.

FOCUS ON:

- CATCHING
- THROWING
- PITCHING
- FIELDING
- HITTING
- BASE RUNNING
- SLIDING

ALL PARTICIPANTS WILL BE REQUIRED TO WEAR AN APPROVED INFELDERS FACE GUARD AT ALL TIMES.

BATTING HELMETS WITH FACE CAGE ARE REQUIRED WHEN USING PITCHING MACHINES.

Backpacks, batting gloves, face guards and batting helmets will be sold at clinics with the proceeds supporting the interest and growth of fast pitch softball.

REGISTER TODAY! ▶ lebosoftball.org